

## FOR IMMEDIATE RELEASE March 31, 2020

CONTACT: Meghin Delaney Public Information Officer mdelaney@nvhealthresponse.nv.gov

## Governor Sisolak issues travel advisory for State of Nevada

Carson City, NV — Today, Nevada Governor Steve Sisolak issued a travel advisory for the State of Nevada, urging visitors or returning Nevadans to self-quarantine and monitor their health for 14 days after arriving or returning to Nevada to help contain the spread of COVID-19 in Nevada.

"We know this virus does not spread on its own so we need everyone, Nevadans and travelers, to take preventive measures to help flatten the curve and protect the most vulnerable among us," said Gov. Sisolak. "Nevada will always be a welcoming spot for travelers, but out of an abundance of caution, we are asking everyone to Stay Home for Nevada, especially if you have symptoms."

Travelers are urged to self-quarantine and monitor their health for 14 days or the duration of their stay in Nevada, whichever is shorter. Travelers and returning Nevadans should not visit any public place or come into contact with those who are not members of their household unit.

The Governor is also strongly urging Nevadans to avoid non-essential travel during this time period as well, especially to places <u>where the CDC has issued travel advisories</u>. For Nevada residents who live in communities that border other states, please practice aggressive social distancing if you must cross state lines for essential daily matters.

This advisory does not apply to healthcare, public health, public safety, transportation, and food supply essential employees.

If you are traveling in Nevada and are experiencing symptoms (fever, cough, shortness of breath):

- 1. Continue to stay in your designated quarantine location, avoid contact with others, and contact a healthcare provider for further instructions on treatment or testing.
- 2. If you are older or have any medical conditions (e.g., immune compromise, diabetes, asthma), consult your regular healthcare provider.
- 3. If you feel you need medical care, call ahead before you go in and inform them of your travel history.
- 4. If you need urgent medical care (e.g., have difficulty breathing), call 9-1-1 and let the dispatcher know your travel history).

For more information, visit <u>nvhealthresponse.nv.gov</u>.

###